



MULLERIAN

Vol - 14

Jan. - March, 2004

EDITORIAL

Season's Greetings to all the Readers of Mullerian.

Years come and go but some years mark the events. Milestones are important in the history of any Institution. Fr Muller Charitable Institution is at the verge of Post centenary Silver Jubilee Celebrations. What started as Service to suffering humanity through Homoeopathy under a Banyan Tree, now has grown beyond imagination. Today this has become a premier Institution rendering yeomen service in the field of HEALING through Homoeopathy medicines, Nursing Care, Medical Services, Primary Health Centres, Rehabilitation Centre, Alcoholic De addiction centre, Homoeopathic and Allopathic Medical Colleges, Nursing School and College and a High Tech Medical Hospital. Is it not the blessings of the soul of Fr Muller on all of us to carry on with the mission he has started with 125 years ago?

As an Institution the celebrations are due for the whole year. A year long programme is being planned to commemorate the celebrations. Great occasions are marked with the special get togethers.

Alumni are going to have a General Body Meeting along with Grand Get together so that an opportunity comes up for coming together. Let us share the joys and sorrows of our Life and Practice. It will be in the month of August 2004 on a special Sunday along with our families. Dr Alphonse has a special arrangement for us. Come in large numbers.

Dr K.M.Dhawale, our Friend, Philosopher and Guide was honoured with the HAHNEMANN AWARD by Research Institute of Homoeopathy for his contributions to the System through I.C.R. Congratulations Sir.

Diabetes is an Endocrine Disorder finds its expressions at various levels in the modern man. Lot of efforts are put to come out of this condition by different systems of medicine and different methods available of any source. The therapeutic management through Homoeopathy is more efficient if the observations are done in the right direction. A case of Diabetes with multi system involvement is presented in this bulletin with documented reports. Whether Removal/ Excision/ Amputation of a part or improvement of the Individual with the affected part is well demonstrated in this case. Let the experience gained be disseminated.

Feedback is a good phenomena for a better tomorrow. Send realistic feedbacks about the performance of Mullerian. There will be a column for Feedback which will be published. You can also send articles from your clinical experience. We have started with new concept of inviting articles on Specified topics in each issue. Send the articles at the earliest so that the best may be published. For the next issue we have the topic "Treatment of Mentally challenged."

Hope you enjoy reading Mullerian to know happenings in and around us at Fr Muller's.

Dr Shivaprasad K
Editor

CASE

29.12.2003



7.1.2004



22.1.2004



29.1.2004



4.2.2004



10.2.2004

PRELIMINARY DATA :

| | | | |
|------------|---------------|--------------|------------|
| Name | : Mr. M | Age | : 50 yrs |
| Religion | : Islam | Sex | : Male |
| Occupation | : Auto driver | Children | : 9 |
| Address | : Kasargod | Date of Adm. | - 23/12/02 |

continued on page 4....

Message

It gives me great joy to note that the first issue of **Mullerian** of the year 2004 will be released on the occasion of the Happy Birthday of the Founder of Homoeopathy, Dr Samuel Hahnemann. Since Father Muller Charitable Institutions have formally inaugurated the Post Centenary Silver Jubilee Year, the celebration of Hahnemann's birthday and releasing of **Mullerian** become a part of the activity of the Post Centenary Silver Jubilee Year.

I take this occasion to wish the staff and students of Homoeopathic Medical College a successful Birthday Celebration of their Founder because Founder's Birthday should be a matter of pride and rejoicing for all Homoeopaths everywhere. I also wish the editor and editorial team of **Mullerian** every success in their effort to bringing out this informative Bulletin which is a source of knowledge and a bond of link to one and all whether they are students, parents of the students, clinicians or admirers of Homoeopathy.

May **Mullerian** be a powerful source to transmit the vision of our Founder Fr. Augustus Muller to "Heal and Comfort" the sick and suffering and in the education of the youth in the study and research on Homoeopathy, is my wish and prayer now and always.

Rev. Dr Baptist Menezes
Director

Message

Let me congratulate the Editor and the Editorial Board of **Mullerian** for bringing out the special edition of the Bulletin on the occasion of the Post Centenary Silver Jubilee Programme of Fr Muller Charitable Institutions.

The Post Centenary Silver Jubilee of Fr Muller Charitable Institutions is quite significant to every Homoeopath of Fr Muller Homoeopathic Medical College as it celebrates 125 years of life and growth of Homoeopathy in Fr Muller's, Mangalore. Fr Augustus Muller, the founder of the Institutions' sowed the seed of Homoeopathy in Mangalore. The Institution later nurtured it. With the starting of the Homoeopathic College in 1985, the seed has now grown into a large tree yielding fruits by bringing out good Homoeopaths, who are now spread out all over the country. The good work of our founder is now continued by hundreds of doctors who have passed out from this college. Indeed it is a great dream come true.

I felicitate the Editor and the Editorial Board of **Mullerian** who have done a good job. May **Mullerian** soon bring out a regular journal of Homoeopathy.

Rev. Fr Stany Tauro
Administrator - FMHMCH

Message

Greetings to you, the affectionate reader of **Mullerian**, the Quarterly Bulletin of Fr Muller Homoeopathic Medical College, on the occasion of 249th Birth Anniversary of our Master Samuel F. Hahnemann. This is a special issue of **Mullerian** which is being published with a great reverence to the founder of Fr Muller Charitable Institutions, Rev. Fr Augustus Muller, a celebrated Homoeopath who practiced Homoeopathy 125 years back at Mangalore and established this Institutions. The Fr Muller Charitable Institutions is celebrating 125th year of its service through Homoeopathy and other branches of Medicine. It is a great moment for us to dedicate ourselves to the service of humanity through this dynamic system of medicine.

Dr S.K. Tiwari
Principal

continued from page 2....

| Location | Sensation | Modalities | Concomitants |
|--|-------------------------|---|--------------|
| 1. Extremities lower left – foot (dorsum) lateral extending to solepart (below lat. Malleolus) since 2 months | Ulcer Pain lightning | A/F – prick by A fish bone ? < walking > Allopathic Rx | |
| 2. Eyes since 1 year | Blurring of Vision | | |

History Of The Presenting Complaint : Patient is known diabetic since 12 yrs. He was on antidiabetic Rx. Above complaints started 2 months back by prick of a fish bone (doubtful). It was a very small wound. But gradually it started increasing in size and depth. He went to local Doctor. He was given a course of antibiotic and increased dose of antidiabetic medicine. Still the wound was not healing. In addition to that there was a blackish discoloration, bleeding and offensive discharge from the part affected. Again he went back to the local doctor. He advised him to go to the hospital. He got admitted to the hospital on 12/11/03 and debridement of wound was done. He was discharged on 17/12/03 without complete healing. After going home, ulcer started increasing again then he reported to hospital again. He was given

1. Insulin 10 units B.D.
2. Atenol 50 mg 0-0-1
3. Amlovas 5mg. — B.D.

Patient reported to our O.P.D. on 23/12/03 and patient was admitted to our. I.P.D.

Past and Family History – N.A.D.

Personal History:

Appearance – Stocky

App – Good. Diet – Mixed

Thirst – ↑sed for large quantity of cold water³

Perspiration – More on chest and back

Cravings – Fish³, cold food and drinks³, spicy and veg

Bowel – Once/daily

Bladder – 8-9 times / day, 1-3 times / night

Sleep – disturbed

Addiction – Smoking³, Alcohol³ – Stopped since 2 months

Thermal state – Chilly – to hot

Mental State:

1. Company desire³ – can not stay alone
2. Does not like to share his problem with others
3. Worry³ – about his health and family because of his problem

Life Space Investigation:

The patient hails from higher middle class family. He got married 26 years back and has 7 sons and 2 daughters. Eldest son is 25 years old and youngest son is 6 years old. One daughter is mentally retarded. He had contractor business in Goa. It got collapsed 13 yrs. back and had more than 15 lakhs deficit. Then he left Goa and came back to his native. At first he tried for job but no hope. Ultimately he bought an auto-rickshaw and started driving that to meet his financial need. Later on his son joined him. Recently his son has got T.B. and unable to work. Somehow he was running his family. But recent problem made him very much worried as if he dies what will happen to his family. Whenever he is alone he thinks about his business failure, becomes sad and worried. He wants to be in company as company relieves his all tension. But he does not talk about his problem to others because he thinks that others will not solve his problem so it will be disturbance for them instead of telling to others. I will tell to God to release my tension.

Physical Examination:

Pulse – 80/m BP – 170/100mm Hg.

Temp. – Afebrile Pallor – Nil

Edema – nil Jaundice – nil

Systemic : R.S. – Normal vesicular breath sound,
 C.V.S. – Apical impulse – lat. to mid clavicular line in
 6th Intercostal space, - S₂ splitting,
 C.N.S. – Diabetic retinopathy? G.I. – N.A.D.

Local examination of Ulcer:

Location – left (dorsum) foot –below lateral malleolus
 extending to sole
 Measurement – 8 x 5 x 4 cm.
 Floor – pale unhealthy granulation tissue with creamy discharge
 Edge – sloping
 Margin – full of slough
 Base – Plantar muscles.

Investigation done :

Blood – RBS – 298mg/dl, FBS – 239 mg/dl
 P.P.B.S. – 296 mg/dl
 C-X ray – Cardiomegaly noted
 E.C.G. – Left ventricular hypertrophy
 Patient was referred to an ophthalmologist for evaluation
 – Diabetic Retinopathy
Provisional Diagnosis - Diabetes Mellitus with Ulcer,
 Cardiomyopathy and Retinopathy.

1st prescription based on
 Particulars – ulcer — lightning pain < Walking
 Pale unhealthy granulation tissue, Creamy discharge,
 Tenderness, RBS – 298 mg/dl, FBS – 239 mg/dl, P.P.B.S.
 – 296 mg/dl

1st prescription :

- 23.3.03 Rx 1. Calendula 6
 4 – 4 – 4
 2. Cephalandra Indica Q
 20 – 20 – 20

Along with - Insulin 10 units B.D.
 - Amlovas B.D.
 - Atenol O.D/ day

1. Thirst, 2. Sleep, 3. Frequency of micturition, 4. Ulcer
 granulation tissue formation, 5. Discharge from ulcer,
 6. Pain, 7. Slough formation

Follow ups – Same medicine was continued for 6 days

29.12.03

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| ↓ | G | ↓ | > | S | > | ↓ |

R.B.S– 196mg/dl B.P. – 180/100mmHg Rx
 P.P – 216mg/dl New compl. – headache (1) Calendula 6
 FBS – 139mg/dl 4 – 4 – 4
 Amlovas – O.D, Atenol alternate day. (2) Cephalandra Ind Q
 Insulin 10 units – daily morning 25 – 25-0
 10 units evening alternate day (3) Rauwolfia Q
 0 – 0 – 30 drops

30.12.03

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| ↓ | G | ↓ | > | ↓ | ↓ | ↓ |

Headache >, B.P. – 150/90mmHg No sign of ulcer healing
 Atenol 2 days interval.

Analysis of the case

As the case has got prominent generals and particulars,
 so Kent’s philosophy was applied and repertorised by
 Murphy’s Repertory.

Totality :

Mental
 A/F – Mental stress (business failure)
 Desire for company³
 Sadness > Company
 Brooding about business leads to sadness > company
 Worry³ – about family & health > company

Physical General

Perspiration – more on back and chest
 Thirst – large quantity of cold water
 Desire – fish³, cold drinks³, cold food³, spicy, veg.
 Sleep – disturbed due to thoughts.
 Particulars – left leg foot – lightning
 < Walking, Poor granulation tissue, Creamy discharge
 Tenderness.
 Susceptibility high
 Vitality – poor, DM– Tubercular to Syphilitic

Repertorial totality:

Business, General, ailments from failure of Murphy, Mind
 Depression, (sadness), business, when thinking Murphy, Mind
 Miserable, feelings makes himself, by brooding Murphy, Mind
 Company, desire for Murphy, Mind
 Anxiety, diseases, about Murphy, Mind
 Anxiety, future, about the Murphy, Mind
 Perspiration Murphy, Chest
 Tobacco, desire for smoking Murphy, Toxic
 Perspiration Murphy, Back
 Alcohol, general, desires Murphy, Food
 Cold drinks, water, aversion to cold water Murphy, Food
 Cold drinks, water, desires Murphy, Food
 Fish, general, desires Murphy, Food
 Ulcers Murphy, Feet
 Ulcers back of feet Murphy, Feet
 Ulcers soles Murphy, Feet
 Pain, Soles ulcerative Murphy, Feet
 Phos - 26/12, Ars - 24/10, Sep - 20/10

Rx Phos (1P)HS
 Repeat same

31.12.03

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| ↓ | G | ↓ | > | ↓ | ↓ | ↓ |

Rx
 R.B.S– 196mg/dl B.P.– 130/90mmHg Cephalandra Ind Q
 30-30-0

02.01.04

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| ↓ | G | ↓ | > | ↓ | ↓ | ↓ |

BS 125mg/dl

B.P. - 140/90

Amlovas alternate day.

Ulcer started healing.

Rx Repeat same

7.01.04

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| ↓ | G | ↓ | > | ↓ | ↓ | ↓ |

Only on Walking

Rx 1. Phos 30 (1P)
2. Cephalandra Ind Q
40-40-0

Ulcer healing, BP- 140/90

RBS - 163mg/dl, FBS - 140mg/dl

PP - 224 mg/dl

Amlovas alternate day, Insulin 10 units O.D

13.01.04

| | | | | | | | | |
|---|---|---|---|----|---|-----|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| N | G | ↓ | G | ↓d | > | Nil | | |

RBS - 125 mm /dl

FBS - 113mg/dl

B.P. - 140/90mmHg

Insulin 10 units alternate day

Amlovas stopped.

Rx. (1) Cephalandra Q
35 - 35 - 0
(2) Rawalfia Q
0 - 0 - 20

22.01.04

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| N | G | ↓ | G | ↑ | > | 0 |

B.P. - 140/90 mmHg.

Rawalfia Q stopped.

But slow Rx. (1) Cephalandra Q
35 - 35 - 0
(2) Calendula 12
4 - 4 - 4

27.01.04

| | | | | | | |
|---|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| N | N | ↓ | G | 0 | ↑ | 0 |

Slight pain

R.B.S. - 166 mg/dl

Insulin stopped

Rx 1) Phos 30 (1P) H.S
B.P. - 170/100
2) Cephalandra In Q
40- 40 - 0
4) Rawalfia Q
0 - 0 - 30

04.02.047

FRS 190mg/

Ulcer is almost healed

Rx 1) Cephalandra Ind Q
45 - 45 - 0
2) Calendula 30
4 - 4 - 4

10.02.04

Ulcer is healed

Patient is discharged

FBS - 130mg/dl

R.B.S. - 139 mg/dl

P.P. - 185 mg/dl

B.P. - 170/100mm/Hg

Patient was discharged.

Rx
1) Cephalandra Ind Q
40 - 40 - 0
2) Rawalfia Q
0 - 0 - 30
3) Placebo
4 - 0 - 4 x 15 days
4) Phos 30 (2P) 1P H.S.

Conclusion:

This case came with complications of Diabetes Mellitus and he was already having treatment with more than 2 medicines for each from allopathic school of medicine. With Homoeopathic system initially he was treated with pathological prescription to take care of the symptoms occurring due to tapering of allopathic medicines. Subsequently treated with indicated constitutional medicine in medium potency to achieve the desired result.

CAMPUS NEWS

National Homoeopathic Conference-2003 was successfully hosted by the College on 13th & 14th of December 2003. Dr B.S.Nataraj, Director of Indian Systems of Medicine and Homoeopathy, Bangalore was the Guest of Honour and Superintendent of Police Mr. Seemanth Kumar Singh was the Chief Guest.

The valedictory function was held on 14th December 2003 at 4.30 p.m. The Chief Guest for the function was Rev.Fr.Peter Noronha who also released the Souvenir 2003.

Hostel Day for both Men and Ladies was celebrated on 14.2.2003.

"Cheerio" - Farewell for the 1999 - 2000 B.H.M.S batch was organized by the Juniors on 28.02.2004

"Thanks Galore" - A thanks giving programme for the teachers and management was organized by the outgoing batch on 06.03.2004.

Institutions Day and Graduation Ceremony was celebrated on 11.03.004. Prof. Dr R. Chandrashekhara, Honourable Vice Chancellor of RGUHS, Bangalore, was the Chief Guest. His Eminence Simon Cardinal Pimenta, Former Archbishop of Mumbai, inaugurated the Post Centenary Silver Jubilee Year. Most Rev. Dr.Aloysius Paul D'Souza, Bishop of Mangalore presided over the Programme.

Teachers' Reorientation programme sponsored by Ministry Of Health & Family Welfare, Department of ISM & H was organized by Fr Muller Homoeopathic Medical College from 24.03.2004 to 08.04.2004.

ALUMNI MEET ON 08.08.2004

Keep this Sunday free to have interaction with each other. Join us with Your family in Mangalore. Venue and the time with programme list will be sent to you later



National Homoeopathic Conference - 2003

PHOTO ALBUM



Re-orientation programme for teachers



Hahnemann Award to Dr. K.M. Dhawale



Farewell Programme



Handing over the light to juniors



Heartfelt thanks from outgoing batch

FACULTY IN NEWS

Dr Shivaprasad has been nominated as member of Board of study U.G. by the Rajiv Gandhi University of Health Sciences from October 2003.

Dr Praveen Raj presented a paper on "Developing a qualitative tool for the assessment of improvement in the Degenerative Joint Disease." on 24.12.2004 in XIII All India Homoeopathic Seminar 2003 -04 at Kolkata.

Dr Roshan Pinto presented a paper on Rheumatic fever on 24.12.2004 in XIII All India Homoeopathic Seminar 2003 -04 at Kolkata.

Dr S.K.Tiwari was appointed as expert in Affiliation Committee by University of Goa to inspect Kamalaxi Devi Homoeopathic Medical College on 17.01.2004.

Dr S.K.Tiwari and Dr Shiva Prasad were invited to be the Chief speakers on the subject of Cancer and HIV in Inter system seminar organized by Kaka

Saheb Maske Homoeopathic Medical College, Ahmednagar on 10th and 11th January 2004.

Dr S.K.Tiwari presented a paper on Utility of Repertory in Homoeopathic Practice and Dr Shivaprasad presented a paper on HIV – A Homoeopathic Approach at National Conference 2004, Dehradun held on 14th and 15th of February 2004.

Dr Praveen Raj was appointed as Squad Chief for the BDS examinations conducted by RGUHS at College of Dental Sciences, Davangere from 16.3.2004 to 24.3.2004.

HOMOEOPATHIC CONFERENCE - 2004

On 11th and 12th of December 2004

Topic : DIABETES

There will be a Inter Collegiate
National Homoeopathic Quiz- 2004

Details will follow

ALUMINI IN NEWS

Wedding wishes for the following Alumni members

Girish Navada (1989 Batch) with Prabha on 28.11.2003

Shilpa (1997 Batch) with Moncy on 27.12.2003

Deepika (1996 Batch) with Chandrashekar on 30.11.2003

Maria (1997 Batch) with Roshin on 10.01.2004

Reshma (1997 Batch) with Nizamuddin on 10.01.2004

Sheeja (1996 Batch) with Arun on 12.01.2004

Anaka (1996 Batch) with Prashanth on 26.01.2004

Vanessa(1996 Batch) with Joachim on 25.01.2004

Jayashri M.T. (1996 Batch) with Pradeep on 05.02.2004

S.S.Patil (2000 PG Batch) with Savitha Patil on 23.03.2004



Senders Name and Address

Fr Muller Homoeopathic Medical College & Hospital
Fr Muller Road, Kankanady,
Mangalore 575 002

BOOK POST

To